

Dear Table Tennis NSW – Affiliates and registered members.

A condition of affiliation and individual memberships requires you to comply with Anti-Doping Policies of both Table Tennis NSW and Table Tennis Australia.

We need to reinforce to you what your anti-doping requirements are as an athlete on the ASADA Domestic Testing Pool (DTP).

To explain things, if you are taking any medications that are on the WADA banned list for therapeutic reasons than you need to apply for a therapeutic use exemption. I refer you to the following websites which have all of the relevant information relating to anti-doping including the option to check any substance that you may be taking:

Australian Sports Anti-Doping Association (ASADA): www.asada.gov.au

Australian Sports Drug Medical Advisory Committee (ASDMAC): www.asdmac.gov.au

World Anti-Doping Agency (WADA): www.wada-ama.org

The process to follow is to check your substance first on the ASADA website (press on the “Check Your Substance” tab), and then if you are taking any medications that are on the banned list for therapeutic reasons than you will need to get your doctor to complete the attached blank form and then send it into me and I will send a copy to the TTA office and forward a copy onto ASDMAC here in Australia for them to approve it. Once ASDMAC has approved it, you are to keep the approval letter with you at all times and present it if you are drug tested.

If you are competing for NSW or Australia at an international event and need to be taking a WADA banned medication for therapeutic reasons than you will need to provide ITTF with a copy of your approved therapeutic use exemption prior to competing in the event. This can be arranged by informing me and I'll send a copy to TTA Office who will send a copy to the ITTF office for approval on your behalf.

ASADA e-Learning!

The online education tool makes it easier for the Australian sporting community to get educated on anti-doping. ASADA e-Learning is a free and easy to use online education tool developed by the ASADA. ASADA e-Learning provides you with the opportunity to learn about the key areas of anti-doping. It covers topics such as prohibited substances and methods, therapeutic use exemptions, doping control and whereabouts.

As per the 2017 Athlete Agreement that National Squad members have all signed they are required to undertake the Level 1 and Level 2 Anti-Doping Courses and provide TTA with a copy of their certificates. Table Tennis NSW recommends that all NSW squad members also complete the 2 modules through e-learning. Links which are listed below.

You can also view the Anti-Doping policy on the TTNSW & TTA websites under governance. Please be aware that it is **the athlete's sole responsibility** to comply with this policy including applying for therapeutic use exemptions when taking a banned medication for therapeutic reasons.

Random Drug Testing

National Squad members are required to supply their contact details to ASADA and they are placed on their Domestic Testing Pool (DTP). This means that ASADA representatives can turn up at your home or at events at any time unannounced and request you undertake a random drug test (which involves providing either a urine and/or blood sample). With this in mind please ensure you inform both TTNSW and TTA of any changes of address or phone numbers so that we can keep our records up to date and provide them to ASADA on their request.

WADA Prohibited List:

The World Anti-Doping Agency has published its list of prohibited substances and methods for 2017 on its website, with the new list having come into force on 1 January 2017.

The list designates which substances and methods are prohibited in- and out-of-competition; and which substances are banned in particular sports. According to the World Anti-Doping Code, if a substance or method is found to meet two of three criteria (enhances performance, poses a threat to athlete health, violates the spirit of sport), then it could be considered for placement on the list.

The list can be found on this link: <https://wada-main-prod.s3.amazonaws.com/resources/files/wada-2016-prohibited-list-en.pdf> and a summary of modifications to the list here: <https://wada-main-prod.s3.amazonaws.com/resources/files/wada-2016-prohibited-list-summary-of-modifications-en.pdf>

NATIONAL CHAMPIONSHIPS – PROSPECTUS

ANTI-DOPING:

Please be advised that this event is subject to drug testing in accordance with the policies and procedures of the Australian Sports Anti-Doping Authority (ASADA) and the World Anti-Doping Authority (WADA) regulations. Table Tennis Australia would like to refer all competitors and their coaches to the following websites which have the relevant information relating to anti-doping including the option to check any substance, as well as the ASADA e-Learning Level 1 and Level 2 Anti-Doping Courses:

Australian Sports Anti-Doping Association (ASADA): www.asada.gov.au

Australian Sports Drug Medical Advisory Committee (ASDMAC): www.asdmac.gov.au

World Anti-Doping Agency (WADA): www.wada-ama.org

TTA's Anti-Doping policy can also be viewed on the TTA website under governance. Please be aware that it is **the athlete's sole responsibility** to comply with this policy including applying for therapeutic use exemptions when taking a banned medication for therapeutic reasons.

The on-line search tool can be found on the Table Tennis Australia's Website – Governance – Anti-doping-on-line search tool : <https://www.tabletennis.org.au/about/governance/>